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Evaluation of intracellular trafficking and clearance from HeLa cells of doxorubicin-bound block copolymers

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1. Introduction

A B S T R A C T

New technologies are needed to deliver medicines safely and effectively. Polymeric nanoparticulate carriers are one such technology under investigation. We examined the intracellular trafficking of doxorubicin-bound block copolymers quantitatively and by imaging doxorubicin-derived fluorescence using confocal microscopy. The polymers were internalized by endocytosis and distributed in endosomal/lysosomal compartments and the endoplasmic reticulum; unlike free doxorubicin, the polymers were not found in the nucleus. Moreover, the ATP-binding cassette protein B1 (ABCB1) transporter may be involved in the efflux of the polymer from cells. This drug delivery system is attractive because the endogenous transport system is used for the uptake and delivery of the artificial drug carrier to the target as well as for its efflux from cells to medium. Our results show that a drug delivery system strategy targeting this endogenous transport pathway may be useful for affecting specific molecular targets. © 2011 Elsevier B.V. All rights reserved.

Recently, genomic drug discovery techniques, organic synthesis, and screening technologies have been used to develop molecularly targeted medicines, some of which are already being used clinically [\(Hopkins](#page-7-0) [and](#page-7-0) [Groom,](#page-7-0) [2002;](#page-7-0) [Hughes,](#page-7-0) [2009\).](#page-7-0) However, these new technologies do not necessarily lead to the introduction of new treatments because even when promising compounds are discovered by genomic drug discovery techniques, they often have harmful properties or are difficult to deliver to the target because they are relatively insoluble [\(Hopkins](#page-7-0) [and](#page-7-0) [Groom,](#page-7-0) [2002;](#page-7-0) [Lipinski](#page-7-0)

et [al.,](#page-7-0) [2001\).](#page-7-0) New formulation technologies are being developed to enhance the effectiveness and safety of pharmaceutical products by focusing on improving the release, targeting, and stability of drugs within the body, so that the location and timing of their action in the living body can be controlled.

Nanotechnological advances have contributed to the development of new drug delivery system (DDS) products such as polymeric micelles and liposomes that range in size from several tens of nanometers to 100 nm ([Ferrari,](#page-7-0) [2005\).](#page-7-0) Some of these DDS products are already being marketed as innovative medical treatments [\(O'Brien](#page-7-0) et [al.,](#page-7-0) [2004\),](#page-7-0) and the number being used in clinical trials has risen impressively in recent years [\(Hamaguchi](#page-7-0) et [al.,](#page-7-0) [2007;](#page-7-0) [Kuroda](#page-7-0) et [al.,](#page-7-0) [2009;](#page-7-0) [Matsumura](#page-7-0) et [al.,](#page-7-0) [2004\).](#page-7-0) These nanoparticulates possess several unique advantages for drug delivery, including high drug-loading capacity, controlled drug release, and small size, which allows the drug to accumulate in pathological tissues such as tumors, which have increased vascular permeability [\(Nishiyama](#page-7-0) [and](#page-7-0) [Kataoka,](#page-7-0) [2006\).](#page-7-0)

Polymeric micelles have received considerable attention recently as promising macromolecular carrier systems [\(Allen](#page-7-0) et [al.,](#page-7-0) [1999;](#page-7-0) [Kataoka](#page-7-0) et [al.,](#page-7-0) [1993,](#page-7-0) [2001;](#page-7-0) [Lavasanifar](#page-7-0) et [al.,](#page-7-0) [2002;](#page-7-0) [Torchilin,](#page-7-0) [2002;](#page-7-0) [Torchilin](#page-7-0) et [al.,](#page-7-0) [2003\).](#page-7-0) Polymeric micelles are amphipathic systems in which a hydrophobic core is covered with an outer

Abbreviations: DDS, drug delivery system; PEG, polyethyleneglycol; RES, reticuloenodothelial system; EPR, enhanced permeability and retention; Dox, doxorubicin; DMEM, Dulbecco's modified Eagle's medium; FBS,fetal bovine serum; DLS, dynamic light scattering; AFM, atomic force microscopy; HBSS, Hank's balanced salt solution; ER, endoplasmic reticulum; ECFP, enhanced cyan fluorescent protein; Alexa-transferrin, Alexa Fluor 488 conjugate of transferrin; MTOC, microtubuleorganizing center; ABCB1, ATP-binding cassette protein B1; MDR1, multidrug resistance 1; (PBS), phosphate-buffered saline; EDTA, ethylenediamine tetraacetic acid; SDS, sodium dodecyl sulfate; PVDF, polyvinylidene fluoride.

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shell consisting of hydrophilic macromolecules such as polyethylene glycol (PEG) chains. Polymeric micelles can both encapsulate medicine of high density and evade the foreign body recognition mechanism within the reticuloendothelial system (RES), and they show excellent retention in the blood ([Illum](#page-7-0) et [al.,](#page-7-0) [1987\).](#page-7-0) In addition, accurate size control of the nanoparticulates enables them to accumulate in cancerous tissue, owing to the increased permeability of tumor vessels due to the enhanced permeability and retention (EPR) effect [\(Matsumura](#page-7-0) [and](#page-7-0) [Maeda,](#page-7-0) [1986\).](#page-7-0)

To maximize the efficacy and safety of DDS products, it is important to deliver these products to specific target cells and subcellular compartments. In the experiments reported here, we used confocal microscopy to study the intracellular trafficking of polymeric nanoparticulate carriers. The use of covalently bound fluorescent reagents as probes is gradually clarifying the internalization pathways and intracellular localizations of polymeric nanoparticulate carriers ([Lee](#page-7-0) [and](#page-7-0) [Kim,](#page-7-0) [2005;](#page-7-0) [Manunta](#page-7-0) et [al.,](#page-7-0) [2007;](#page-7-0) [Murakami](#page-7-0) et [al.,](#page-7-0) 2011; Rejman et [al.,](#page-7-0) 2005; Richardson et al., [2008;](#page-7-0) [Sahay](#page-7-0) et al., 2008; Savić et [al.,](#page-7-0) [2003\).](#page-7-0) However, the excretion of the polymers from target cells after they have released the incorporated drugs has not yet been clarified in detail, although information about the clearance of carriers from cells is important from the perspective of safety. In this study, we examined the trafficking of a polymeric nanoparticulate carrier in detail, including the efflux of the polymers from cells to medium, by direct measurement of doxorubicin (Dox) covalently bound to the block copolymer. This technique avoids the necessity of considering the effects of exogenously tagged fluorescent probes on the intracellular trafficking.

Dox is one of the most effective available anticancer drugs in spite of its severe toxic effects, especially cardiotoxicity ([Olson](#page-7-0) et [al.,](#page-7-0) [1988\).](#page-7-0) As the carrier we used a PEG-poly(aspartic acid) block copolymer with covalently bound Dox ([Fig.](#page-2-0) 1) [\(Yokoyama](#page-8-0) et [al.,](#page-8-0) [1999\),](#page-8-0) because Dox has relevant hydrophobicity to form globular micelles by means of the hydrophobic interactions, and inherent fluorescence to investigate the intracellular trafficking of the carrier itself. Dox is partially covalently bound to the side chain of the aspartic acid (about 45% of aspartic acids), so that prepared Dox-conjugated block copolymers show good Dox entrapment efficiency possibly due to the $\pi\text{-}\pi$ interaction between conjugated and incorporated Dox molecules ([Bae](#page-7-0) and Kataoka, [2009;](#page-7-0) [Nakanishi](#page-7-0) et [al.,](#page-7-0) [2001\).](#page-7-0) Therefore, in this carrier system, there are two kinds of Dox; one is Dox covalently bound to block copolymers, and the other is free Dox which is incorporated in the inner core and has a pharmacological activity by its release from the inner core. The inner core of the micelles is greatly hydrophobic owing to the conjugated Dox, while the PEG of the outer layer prevents uptake by the RES. The resulting micelle effectively accumulates in tumor tissue by the EPR effect and shows much stronger activity than free Dox ([Nakanishi](#page-7-0) et [al.,](#page-7-0) [2001\).](#page-7-0) Because the block copolymer can form globular micelles by means of hydrophobic interactions with the conjugated Dox, as shown in Section [3.1,](#page-3-0) we used a carrier without incorporated free Dox to investigate the intracellular trafficking of the carrier itself. Furthermore, by quantifying directly the amount of Dox covalently bound to the polymers, we could measure the intracellular amount of the polymers.

2. Materials and methods

2.1. Cells and micelles

HeLa cells (Health Science Research Resources Bank, Osaka, Japan) were kept in Dulbecco's modified Eagle's medium (DMEM; Invitrogen Corp., Carlsbad, CA, USA) supplemented with 10% fetal bovine serum (FBS; Nichirei Biosciences Inc., Tokyo, Japan) and 100 U/mL penicillin/streptomycin (Invitrogen). Cells were grown in a humidified incubator at 37° C under 5% CO₂.

Dox-bound polymeric micelles and fluorescent dye (DBD)-labeled PEG-polyaspartate block copolymers partially modified with 4-phenyl-1-butanol were synthesized by Nippon Kayaku Co. Ltd. (Tokyo, Japan) [\(Nakanishi](#page-7-0) et [al.,](#page-7-0) [2001\).](#page-7-0)

2.2. Physicochemical data of Dox-bound micelles

The diameters and distribution of micelles were determined by using dynamic light scattering (DLS; Zetasizer Nano ZS, Malvern, UK) at 25° C. The micelles were dissolved in water and filtered through a 0.2 - μ m filter before measurement. Atomic force microscopy (AFM) measurements were conducted with a NanoWizard II(JPK Instruments, Berlin, Germany) at room temperature. Images were obtained in tapping mode using a commercial microcantilever with a spring constant of 150 N/m (Olympus Corporation, Tokyo, Japan). AFM images were processed with SPM image processing v. 3 software from JPK Instruments.

2.3. Quantitation of Dox-bound polymers in HeLa cells

The amounts of Dox-bound polymers in HeLa cells were determined by measuring the amount of doxorubicinone, which is released by acid hydrolysis of Dox-bound polymers [\(Fig.](#page-2-0) 1b). HeLa cells (1.5×10^5) were plated in 35-mm glass-bottom dishes coated with poly-l-lysine (Matsunami, Osaka, Japan) in DMEM containing 10% FBS and 100 U/mL penicillin/streptomycin.After incubation for two days (37 °C, 5% CO₂), the cells were exposed to 50 μ g/mL Dox-bound polymers in culture medium. After the indicated durations, the cells were washed and kept in phosphate-buffered saline (PBS) or Hank's balanced salt solution (HBSS; Invitrogen). The cells were trypsinized with 0.25% trypsin-ethylenediamine tetraacetic acid (EDTA) (Invitrogen) and collected. Cells were then washed with PBS three times, and a small part of the cell suspension was used for cell counting. After centrifugation at 1000 rpm for 5 min, cell pellets were resuspended in $100 \mu L$ PBS, and the suspension was divided into two parts $(50 \mu L$ was used with acid hydrolysis and 50 μ L without) and stored at -80° C until analysis. After thawing, the cell suspensions were disrupted by ultrasonic liquid processor (ASTRASON 3000, Misonix, NY, USA) for 1 min. Then, $50 \mu L$ of suspension was hydrolyzed by 0.5 N HCl at 50 °C for 15 h. After hydrolysis, samples were deproteinized with methanol, followed by centrifugation at 15,000 \times g for 5 min at 4 °C. The supernatant was then neutralized with ammonium buffer, and evaporated to dryness under reduced pressure (Savant SpeedVac concentrator, Thermo Fisher Scientific, MA, USA). The residues were resuspended in 60% methanol, and the doxorubicinone released from the polymers by acid hydrolysis was quantified by ultra-high-performance liquid chromatography by using our previously reported method [\(Sakai-Kato](#page-8-0) et [al.,](#page-8-0) [2010\)](#page-8-0) to determine the amount of intracellular Dox-bound polymers [\(Fig.](#page-2-0) 1b). The other $50 \mu L$ of cell suspension was treated in the same way but without the hydrolysis step to evaluate the amount of free doxorubicinone, that is, doxorubicinone not derived from Dox-bound polymers. The results of three independent experiments were averaged and analyzed statistically by t-test.

2.4. In vitro cytotoxicity

HeLa cell lines were evaluated in the present study. The HeLa cells were maintained in monolayer cultures in DMEM containing 10% FBS and 100 U/mL penicillin/streptomycin. WST-8 Cell Counting kit-8 (Dojindo, Kumamoto, Japan) was used for cell proliferation assay. 3000 cells of HeLa cell line in 100 μ L of culture medium were plated in 96 well plates and were then incubated for 24 h at 37 °C. Serial dilutions of Dox-bound polymers, micelles incorporating free Dox or just free Dox were added, and the cells were incubated for 24

Fig. 1. Schematic of the structure of a Dox-bound polymeric micelle (a) and the chemical structure of the block copolymer (b). Polymer-bound Dox can be released as doxorubicinone by acid hydrolysis. The quantity of released doxorubicinone was used as a measure of the amount of intracellular polymers.

or 48 h. All data were expressed as mean \pm SD of triplicate data. The data were then plotted as a percentage of the data from the control cultures, which were treated identically to the experimental cultures, except that no drug was added.

2.5. Confocal analysis of live cells

The intracellular trafficking of the Dox-bound micelles in live cells was examined by confocal microscopy (Carl Zeiss LSM 510, Oberkochen, Germany, or Nikon A1, Tokyo, Japan). Data were collected using dedicated software supplied by the manufacturers and exported as tagged image files (TIFs). HeLa cells (1.5×10^5) were plated in 35-mm glass-bottom dishes coated with poly-l-lysine (Matsunami) in DMEM containing 10% FBS and 100 U/mL penicillin/streptomycin. After incubation for two days (37 \degree C, 5% CO₂), the cells were exposed to 50 μ g/mL Dox-bound polymers in culture medium. After the indicated durations, the cells were washed and kept in PBS or HBSS (Invitrogen) for imaging with the confocal microscope.

2.6. Labeling specific organelles in live cells

After incubation with Dox-bound polymers for 24 h, HeLa cells were washed with HBSS and labeled with organelle-specific fluorescent probes in accordance with the manufacturer's instructions. LysoTracker probe (Invitrogen) was used for labeling lysosomes, and ER-Tracker (Invitrogen) was used for labeling the endoplasmic reticulum (ER). A fluorescent Alexa Fluor 488 conjugate of transferrin (Alexa-transferrin; Invitrogen) was used as an exogenously added endocytic marker to delineate the endocytic recycling pathway for live cell imaging.

We also used an expression construct containing enhanced cyan fluorescent protein (ECFP) fused to an Golgi-targeting sequence derived from human β -1,4-galactosyltransferase as an Golgi localization marker (ECFP-Golgi). The construct was purchased from Clontech (Takara Bio Inc., Shiga, Japan). Cells were grown in 35 mm glass-bottom dishes coated with poly-l-lysine and transfected with Lipofectamine 2000 (Invitrogen). After overnight incubation, the cells were exposed to and allowed to internalize Dox-bound micelles for 24 h and then examined with confocal microscopy.

2.7. Efflux study of DOX-bound polymers or DBD-labeled polymers using the ABCB1 inhibitor verapamil

HeLa cells (1.5×10^5) were plated in 35-mm glass-bottom dishes coated with poly-l-lysine in DMEM containing 10% FBS and 100 U/mL penicillin/streptomycin. After incubation for two days (37 \degree C, 5% CO₂), the cells were exposed to 50 μ g/mL Doxbound polymers in culture medium for 3 h. Cells were washed with 50 μ g/mL verapamil (Wako Pure Chemical Industries, Ltd., Osaka, Japan) [\(Davis](#page-7-0) et [al.,](#page-7-0) [2004;](#page-7-0) [Kolwankar](#page-7-0) et [al.,](#page-7-0) [2005\)](#page-7-0) or 0.1% dimethyl sulfoxide as a control. After washes, the cells were incubated for another 2 h in HBSS containing the same concentration of reagent. The cells were collected and processed for measurement of intracellular concentrations of Dox-bound polymers as described in Section [2.3.](#page-1-0) The efflux of DBD-labeled polymers was evaluated by measurement of the fluorescent intensity inside cells using confocal microscopy. The intensity of the intracellular fluorescence was evaluated by image processing software (MetaMorph, Molecular Devices, CA, USA). The intensity of a single cell was mathematically determined by dividing the total intensity by the number of cells. Three independent experiments were averaged and analyzed statistically with the t-test.

2.8. Knockdown of ABCB1 by siRNA

Stealth RNAi oligonucleotides (Invitrogen) were used for siRNA experiments. Human ABCB1-siRNA sense, 5 -UCCCGUAGAAACC-UUACAUUUAUGG-3 , and antisense, 5 -CCAUAAAUGUAAGGUUU-CUACGGGA-3 , sequences were used. For a negative control, the Stealth RNAi Low GC Negative Control Duplex (Invitrogen) was used. The Stealth RNAi oligonucleotides were transfected into HeLa cells by using Lipofectamine RNAi MAX according to the manufacturer's protocols. After two days, the cells were exposed to $50 \,\mathrm{\upmu g/mL}$ Dox-bound polymers in culture medium for 3 h. After incubation, cells were washed with HBSS, and then incubated for another 2 h in HBSS without polymers. Cells were collected, and the intracellular polymers were quantified as described in Section [2.3.](#page-1-0)

2.9. Western blotting

Cells were washed with PBS and lysed in lysis buffer (20 mM Tris-HCl, pH 7.5; 1 mM EDTA; 10% glycerol; and 1% Triton X-100) containing protease inhibitors, namely, 2 mM phenylmethylsulfonyl fluoride and protease inhibitor cocktail (Sigma-Aldrich, St. Louis, MO, USA). Samples were electrophoresed on a sodium dodecyl sulfate (SDS)-polyacrylamide gel (5–20%) and transferred to a Polyvinylidene fluoride (PVDF) membrane. The blots were probed with anti-MDR (G-1) antibody (Santa Cruz Biotechnology, Inc., Santa Cruz, CA, USA) and developed with anti-mouse IgG peroxidase-linked species-specific whole antibody (from sheep) (GE Healthcare UK Limited, Little Chalfont, UK) by chemiluminescence.

3. Results and discussion

3.1. Physicochemical properties of Dox-bound micelles

The micelle carrier ([Fig.](#page-2-0) 1) consisted of a block copolymer of PEG (molecular weight about 5000) and poly(aspartic acid) (polymerization degree, 30). To increase the hydrophobicity of the inner core, Dox was partially conjugated (about 45%) to the side chain of the aspartic acid. Because particle size affects the intracellular uptake of nanoparticulate formulations, we first examined the particle size of the micelles without free Dox. The Dox-bound micelles had a hydrodynamic diameter of about 42 nm at the dosed concentration of 50 μ g/mL (Fig. 2a). AFM measurement of the micelles also confirmed that they were spherical with a particle size of around 40 nm (Fig. 2b). This size of micelle without free Dox is very similar to that of the micelles containing free Dox in the inner core that interacts with the conjugated Dox ([Nakanishi](#page-7-0) et [al.,](#page-7-0) [2001\),](#page-7-0) indicating that the presence of incorporated free Dox does not change the average diameter much.

Fig. 2. Physicochemical properties of Dox-bound polymeric micelles. (a) Average size distribution of Dox-bound polymeric micelles by DLS. (b) The upper image shows an AFM image of Dox-bound polymeric micelles (bar: 1μ m) and the lower shows the cross-sectional topological profile of the image drawn in the upper panel.

3.2. In vitro cytotoxicity

We examined the in vitro cytotoxicity of the Dox-bound copolymers and the micelles incorporating free doxorubicin. As shown in Table 1, the cytotoxicity of doxorubicin-bound copolymers was negligible. This fact has been also reported in the previously published paper ([Nakanishi](#page-7-0) et [al.,](#page-7-0) [2001\).](#page-7-0) On the other hand, micelles incorporating free doxorubicin showed equivalent in vitro cytotoxic activity to free doxorubicin which is not incorporated into micelle. Therefore, in this system, the doxorubicin was conjugated to the block copolymer to increase the hydrophobicity of the inner core of the micelle so that efficient amount of free doxorubicin can be incorporated into the inner core of the micelles, and its cytotoxicity was negligible.

3.3. Intracellular uptake of Dox-bound polymers

To evaluate the intracellular uptake of Dox-bound polymers, we measured their intracellular amount by quantitating the doxorubicinone released from the intracellular polymers by acid hydrolysis treatment [\(Fig.](#page-2-0) 1b). Although the Dox-bound polymers contained 0.02% (w/w) free doxorubicinone as an impurity, no inherent free doxorubicinone was detected in the cells in any of the experiments in which we measured the intracellular concentration of doxorubicinone without acid hydrolysis. This result also indicates that

Fig. 3. Internalization of Dox-bound polymers. (a) Change in the internalized amount of Dox-bound polymers in cells as indicated by released doxorubicinone over time. HeLa cells were incubated in medium containing Dox-bound polymers for the indicated durations, followed by washes with PBS. The doxorubicinone released by acid hydrolysis was quantitated as a measure of the amount of intracellular polymers, as described in Section [2.](#page-1-0) (b) Effect of temperature on the internalization of Dox-bound polymers. HeLa cells were incubated in medium containing Dox-bound polymers at 37 °C or 4 °C for 3 h, followed by washes with PBS. The amount of intracellular polymers was quantitated by measuring the doxorubicinone released by acid hydrolysis, as described in Section [2.](#page-1-0) **P < 0.01.

degradation of Dox-bound polymers that releases doxorubicinone during the experiments was negligible.

We then incubated HeLa cells in medium containing Dox-bound polymers for 1–24 h. After the incubation, the cells were washed. By determining the amounts of doxorubicinone released from Doxbound polymers by acid hydrolysis of the cells, we were able to observe a time-dependent increase in the intracellular amount of Dox-bound polymers (Fig. 3a). Moreover, the amount of polymers in cells was significantly lower in cells incubated with the polymers at 4° C than at 37 $^\circ$ C (Fig. 3b), indicating that the cells took up the polymers by endocytosis.

3.4. Intracellular distribution of Dox-bound polymers

The intracellular distribution of Dox-bound polymers was studied by confocal microscopy using the inherent fluorescence of the Dox covalently bound to the block copolymers. The Dox-bound polymers were localized in the perinuclear regions but not in the nucleus (Fig. 4a). This was different from the localization of free Dox which was distributed in the nucleus after 1 h (Fig. 4b), as reported previously [\(Beyer](#page-7-0) et [al.,](#page-7-0) [2001\).](#page-7-0) This distribution will explain the fact that in vitro cytotoxicity of Dox-bound polymers was negligible ([Table](#page-3-0) 1). To confirm that the Dox was not released from block copolymers as doxorubicinone ([Fig.](#page-2-0) 1b) during the incubation time ofthe experiment, Dox-bound polymers were incubated in cell culture medium for 1 h at 37 °C, and then removed by centrifugal filtration using aMicroconYM-3 tube (Millipore,MA, USA). The resultant filtrate was added to the cell culture medium. Confocal microscopy showed no fluorescence within the cells (Fig. 4c). Furthermore, when HeLa cells were cultured in cell culture medium containing 20 ng/mL free doxorubicinone, which corresponds to 0.02% (w/w) of Dox-bound polymers, for 24 h, fluorescence was negligible within the cells (Fig. 4d). These results show that the fluorescence

Fig. 4. Intracellular distribution of (a) DOX-bound polymers in HeLa cells exposed to 50 μ g/mL Dox-bound polymers and (b) free DOX in cells exposed to 5 μ g/mL free Dox for 1 h. Intracellular distribution of DOX-bound polymers in HeLa cells (c) cultured for 24 h in medium containing the filtrate of medium that was preincubated with Dox-bound polymers, and (d) cultured with 20 ng/mL free doxorubicinone for 24 h. Bars: $10 \mu m$. Asterisk indicates the nucleus.

seen within the cells after Dox-bound polymer incubation is caused by the uptake of polymers and not by free doxorubicinone or Dox.

We next examined the intracellular localization of Dox-bound polymers by colocalization studies using fluorescent organelle markers. The fluorescence derived from Dox-bound polymers coincided well with the specific staining of the ER by ER-Tracker in double-labeling experiments ([Fig.](#page-5-0) 5a). High-resolution images showed that both staining procedures clearly stained membranal structures [\(Fig.](#page-5-0) 5b).

Because the Golgi apparatus is also located in the perinuclear area and is involved in the intracellular transport of various molecules, we investigated the localization of the polymers by transfecting cells with an expression construct containing ECFP fused to a Golgi-specific protein. As shown in [Fig.](#page-5-0) 5c, the distribution of polymers in the Golgi was negligible. We also confirmed that treatment of cells with Lipofectamine treatment did not affect the distribution of polymers (data not shown).

To what, then, can this particularly strong staining of the perinuclear areas be attributed? The perinuclear area is known to be the microtubule-organizing center (MTOC), an area in eukaryotic cells from which microtubules emerge and where endosomes and other endocytotic vesicles cluster ([Matteoni](#page-7-0) [and](#page-7-0) [Kreis,](#page-7-0) [1987\).](#page-7-0) In fact, a fluorescent staining image showed that the vesicles containing Dox-bound polymers in the perinuclear area ([Fig.](#page-5-0) 6a, yellow arrows) coincided with the MTOC, as marked by Alexa-transferrin, an endocytic marker [\(Fig.](#page-5-0) 6a, white arrows). Some of the vesicles containing polymers were also stained by LysoTracker, a dye that specifically stains lysosomes [\(Fig.](#page-5-0) 6b). These results show that the polymers are internalized by endocytosis and transported to endosomal/lysosomal compartments. Duncan and colleagues, examined the localization of polymers by using Oregon Green as a fluorescent tag and found that three water-soluble polymeric carriers, N-(2 hydroxypropyl)methacrylamide, Dextran, and PEG, localized to late

Fig. 5. Localization of Dox-bound polymers in cells co-stained with organelle-specific markers. Left, images of stained Dox-bound polymers; middle, organelle-specific fluorescent staining images; right, merged images of the left and middle images. Localization experiments using. (a and b) ER-Tracker for ER, (c) ECFP-Golgi for Golgi. Bars: $10 \mu m$ for (a) and (c). Bars: $5 \mu m$ for (b).

endosomal compartments (including lysosomes)([Richardson](#page-8-0) et [al.,](#page-8-0) [2008\),](#page-8-0) findings consistent with our results. The perinuclear localization of the polymers is a great advantage of this system with regard to the incorporation of a nuclear-targeted drug or gene.

Most nanomaterials have been shown to exploit more than one pathway to gain cellular entry, and the pathway exploited can determine the intracellular fate [\(Sahay](#page-8-0) et [al.,](#page-8-0) [2010a\).](#page-8-0) After internalization into HeLa cells, the Dox-bound polymers might

be delivered to the ER directly from endosomes; in the case of cholesterol, there is some evidence for a direct pathway from endosomes to the ER [\(Ioannou,](#page-7-0) [2001;](#page-7-0) [Mineo](#page-7-0) [and](#page-7-0) [Anderson,](#page-7-0) [2001\).](#page-7-0) Or the polymers might be delivered to the ER directly, bypassing the endosomes/lysosomes, as do unimers of the amphiphilic triblock copolymer of poly(ethylene oxide), poly(propylene oxide), and Pluronic P85 ([Sahay](#page-8-0) et [al.,](#page-8-0) [2010b\).](#page-8-0) Simian virus 40 is known to enter the cytosol via the ER, suggesting that polymers distributed

Fig. 6. Fluorescent staining images of Dox-bound polymers in cells co-stained with organelle-specific markers. Left, images of stained Dox-bound polymers; middle, organellespecific fluorescent staining images; right, merged images of the left and middle images. Localization experiments using. (a) Alexa-transferrin, an endocytic compartment marker, and (b) LysoTracker, which is specific for lysosomes. Bars: 10 μ m. Yellow and white arrows in (a) indicate the MTOC area.

Fig. 7. Efflux of Dox-bound polymers. (a) Time-dependent change in intracellular Dox-bound polymers as indicated by released doxorubicinone. After incubation in medium with Dox-bound polymers, HeLa cells were washed and incubated with HBSS at 37 ℃ for the indicated durations. The doxorubicinone released by acid hydrolysis was quantitated as the amount of intracellular polymers as described in Section [2.](#page-1-0) (b) Effect of ABCB1 transporter on the efflux of Dox-bound polymers. HeLa cells were exposed to 50 µg/mL Dox-bound polymers in culture medium for 3 h. Cells were washed with 50 µg/mL verapamil or 0.1% dimethyl sulfoxide as a control. Then, the cells were incubated for another 2 h in HBSS containing the same concentration of each reagent. The amount of intracellular polymers was quantitated as the amount of doxorubicinone released by acid hydrolysis, as described in Section [2.](#page-1-0) **P < 0.01. (c) Effect of the knockdown of ABCB1 transporter expression by siRNA on the efflux of Dox-bound polymers. Expression of ABCB1 in cell extracts was analyzed by immunoblot analysis (top). After 2 days of siRNA transfection, the cells were exposed to 50 µg/mL of Dox-bound polymers in culture medium for 3 h. After incubation, the cells were washed with HBSS and then incubated for another 2 h in HBSS without polymer. The amount of intracellular polymers was quantitated as the amount of doxorubicinone released by acid hydrolysis, as described in Section [2](#page-1-0) (bottom). **P < 0.01. Effect of ABCB1 transporter on the efflux of DBDlabeled polymers. HeLa cells were exposed to 50 μ g/mL DBD-labeled polymers in culture medium for 24 h. Cells were washed with 50 μ g/mL verapamil or 0.1% dimethyl sulfoxide as a control. Then, the cells were incubated for another 2 h in HBSS containing the same concentration of each reagent. The fluorescence intensity in a single cell was calculated as described in Section [2.](#page-1-0) *P < 0.05.

in the ER might similarly gain access to the cytosol ([Damm](#page-7-0) et [al.,](#page-7-0) [2005\).](#page-7-0) The characteristic distribution pattern of the polymers did not change much with increasing incubation times from 0.5 to 24 h (data not shown). Although it is not clear whether the polymers maintain their structure as globular micelles or exist as unimers after internalization into a cell, increasing the dosed polymer concentration to 1 mg/mL did not change the staining pattern (data not shown). Recently, we showed PEG and poly(glutamic acid) block copolymer micelles incorporating dichloro(1,2-diaminocyclohexane)platinum(II) selectively dissociate within late endosomes [\(Murakami](#page-7-0) et [al.,](#page-7-0) [2011\),](#page-7-0) suggesting that the Dox-bound polymers might also dissociate.

3.5. Efflux of Dox-bound polymers from HeLa cells to medium

As described in Section [3.2,](#page-3-0) the amount of intracellular Doxbound polymers increased with time when cells were continuously exposed to Dox-bound polymers ([Fig.](#page-4-0) 3a). In contrast, the amount of Dox-bound polymers gradually decreased after the Dox-bound polymers were removed from the medium (Fig. 7a). Interestingly, this decrease in the intracellular amount of Dox-bound polymers was abolished in the presence of verapamil, an inhibitor of ABCB1 (ATP-binding cassette protein B1) transporter (Fig. 7b). The ABCB1 transporter, which is also known as multidrug resistance 1 (MDR-1) or P-glycoprotein, is a member of the ABC-type transporter family and an efflux pump for various drugs. To further investigate the role of this transporter in the efflux of Dox-bound polymers from cells to medium, small interference RNAs (siRNAs) were used to target ABCB1 RNA in HeLa cells. Two days after transfection of synthetic siRNA, Western blot analysis showed that levels of ABCB1 protein expression in siRNA-transfected HeLa cells were drastically decreased (Fig. 7c), and the efflux of Dox-bound polymers from these cells was also significantly inhibited (Fig. 7c). The efflux of DBD-labeled polymers was also inhibited by ABCB1 transporter inhibitor, when intracellular fluorescent intensity of DBD-labeled polymers was measured (Fig. 7d). These results suggest that ABCB1 transporter is a key regulator of the clearance of Dox-bound polymers from HeLa cells.

It is reported that drug-binding site of ABCB1 transporter is located at a drug binding pocket that is formed by transmembrane segments and allow access of molecules directly from the membranes ([Aller](#page-7-0) et [al.,](#page-7-0) [2009;](#page-7-0) [Loo](#page-7-0) et [al.,](#page-7-0) [2003a,b\).](#page-7-0) Furthermore, it is also known that subdomains of the ER form close contact with plasma membrane and some proteins may regulate the formation of direct membrane contacts that facilitate sterol exchange between the ER and plasma membrane ([Ikonen,](#page-7-0) [2008\).](#page-7-0)

Therefore, it is probable that a part of Dox-bound polymers localized in ER are transported to plasma membrane and then recognized at the drug binding site in the transmembrane segments of ABCB1 transporter.

In general, the ABCB1 transporter has very broad substrate specificity: recent studies have shown that it mediates the efflux of a relatively large peptide, amyloid β peptide (molecular weight, 4.5 kDa), across the blood–brain barrier into the bloodstream (Cirrito et al., 2005; Kuhnke et al., 2007; Lam et al., 2001). To the best of our knowledge, the ABCB1 transporter has not been reported before to be involved in the clearance of block copolymers from cells. Because ABCB1 transporter is expressed primarily in certain normal cell types in the liver, kidney, and jejunum ([Thiebaut](#page-8-0) et [al.,](#page-8-0) [1987\),](#page-8-0) the role of ABCB1 transporter as excretion pump of Doxbound polymer and the effect of ABCB1 transporter on the polymer blood level are probably significant from a safety perspective.

Taken together, the findings presented here suggest that Doxbound polymers are incorporated by endocytosis. Some of the incorporated polymers are transferred to the endosome/lysosome system, and the rest may bypass the endosomal system. Then, the polymers are likely delivered to other compartments, including ER and the plasma membrane. The excretion of excess polymers from the cells is mediated by the ABCB1 transporter. Although in this system, the conjugated Dox was not designed to be released from the polymers, our results concerning intracellular trafficking and clearance of polymers would be very useful to design the carrier system where bound drugs are released from the carrier for pharmacological activity.

4. Conclusion

We investigated the intracellular trafficking of Dox-bound polymers. The polymers are internalized into cells by endocytosis, then transported to endosomal/lysosomal compartments, followed by partial distribution to the ER, or transported directly to the ER. The active excretion of the polymers from the cells may be mediated by the ABCB1 transporter. It is surprising that cells utilize their endogenous transport system for intracellular trafficking of this artificial drug carrier. Our results potentially can contribute not only to the discussion of safety issues of polymeric therapeutics but also the development of a DDS strategy utilizing or targeting this endogenous pathway more effectively.

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